



Post-Class Notes and Resources

Terms related to LGBT Elders and Equitable Programming

- *Equitable Programming*: Ensuring each resident has access to activities programs consistent with their needs, interests, abilities, history, and culture.
- *Culturally Competent Programming*: Programming for individuals with various cultural backgrounds that is appropriate to the culture of these individuals.
- *LGBTQ+ Terms and Definitions* - <https://thesafezoneproject.com/resources/vocabulary/>

Specific Needs of LGBT Elders

- <https://www.aarp.org/research/topics/life/info-2018/maintaining-dignity-lgbt.html?CMP=RDCT-PRI-OTHER-LIFE-030618>

Examples of Inclusive and Specific LGBT Programming (Johnson, 2020)

| Inclusive | Specific |
|--|---|
| <ul style="list-style-type: none"> ● Normalize LGBT themes in movies, sports, art, and film. ● Create gender non-specific events and spaces. <ul style="list-style-type: none"> ○ Ex. all families day in addition to Mother’s Day ○ Woodworking Studio rather than “men’s tool shop.” ● Invitation to parties: <ul style="list-style-type: none"> ○ “Come dance with your friend, spouse, or just by yourself.” | <ul style="list-style-type: none"> ● Start a Gay-Straight Alliance ● Host a Drag Queen Bingo ● Do a Gender Studies Lecture ● Have a Gender and Sexuality Talk ● Hold a facility Pride Parade |

Johnson, T. (2020). *Welcoming LGBT Residents: A practical guide for senior living staff*. Routledge. <https://www.lgbtagingcenter.org/resources/resource.cfm?r=1047>